SYLLABUS OF

PERSONALITY ENHANCEMENT AND LEADERSHIP

AS PART OF
LIFE SKILL COURSES
UNDER CBCS FRAMEWORK WITH EFFECT FROM 2020-2021

PROGRAMME: FOUR-YEAR UG HONOURS PROGRAMME
A.P. STATE COUNCIL OF HIGHER EDUCATION
B.A., B. Com & B. Sc Programmes

Revised CBCS w.e.f 2020-21

LIFE SKILL COURSE

Personality Enhancement & Leadership
Total 30 hrs (02 h/wk, 02 Cr & Max 50 Marks)

Learning Outcomes:
By successful completion of the course, students will be able to:
1. Develop comprehensive understanding of personality
2. Know how to assess and enhance one’s own personality
3. Comprehend leadership qualities and their importance
4. Understand how to develop leadership qualities

Syllabus:
Unit – I: (7 hrs)
Meaning of Personality – Explanations of Human Personality – Psychodynamic
Explanations – Social Cognitive Explanation – Big Five traits of Personality

Unit – II: (8 hrs)
Assessment of Personality - Projective & Self Report Techniques - Building Self-
Confidence – Enhancing Personality Skills

Unit – III: (10 hrs)
Leadership Characteristics – Types of Leaders – Importance of Leadership –
Leadership Skills – Building and Leading Efficient Teams – Leadership Qualities of
Abraham Lincoln, mahatma Gandhi, Prakasam Pantulu, Dr. B. R. Ambedkar &
J.R.D.Tata

Co-curricular Activities Suggested: (05 hrs)
1. Assignments, Group discussions, Quiz etc
2. Invited Lecture by a local expert
3. Case Studies (ex., on students behavior, local leaders etc.)

Reference Books:
- Girish Batra, Experiments in Leadership, Chennai: Notion Press, 2018
- Mitesh Khatri, Awaken the Leader in You, Mumbai: Jaico Publishing House, 2013
- Carnegie Dale, Become an Effective Leader, New Delhi: Amaryllis, 2012
- Hall, C.S., Lindzey. G. & Campbell, J.B Theories of Personality. John Wiley & Sons,
  1998
MODEL QUESTION PAPER & PATTERN

Max Marks: 50                                                                       Time: 1 ½ hr (90 Min)

SECTION A  (Total: 4x5=20 Marks)

(Answer any **four questions**. Each rewsna carries **5 marks**
(At least 1 question should be given from each Unit)

1. 
2. 
3. 
4. 
5. 
6. 
7. 
8. 

SECTION B  (Total: 3x10 = 30 Marks)

(Answer any **three questions**. Each rewsna carries **10 marks**
(At least 1 question should be given from each Unit)

1. 
2. 
3. 
4. 
5. 
6. 

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SUBJECT COMMITTEE MEMBERS

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